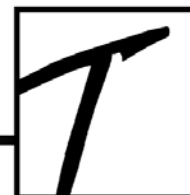




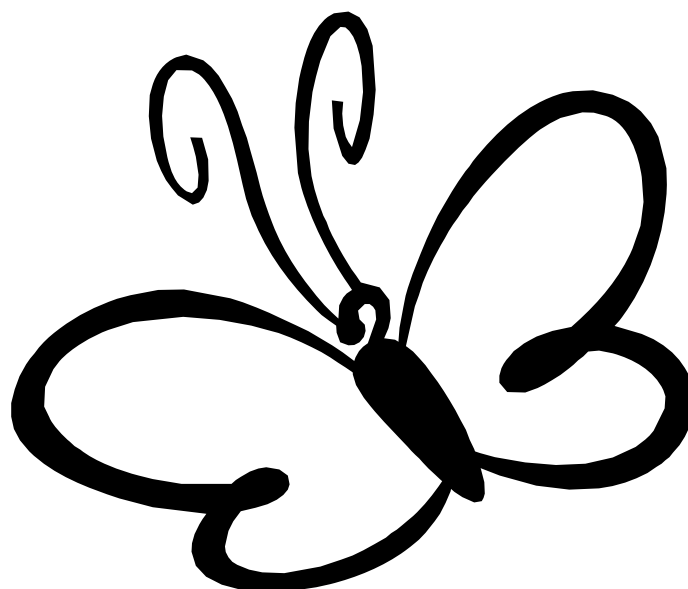
RECREATION DEPARTMENT

The Heart of the Neighborhood



THERAPEUTICS

May / June 2009



Recreational Programming for
Individuals with Special Needs

FREE STYLE DANCE

Parkway Community Center
373 Park Way
Wednesdays,
June 3 - July 22
6:30 P.M. - 7:30 P.M.
Ages: 6—Adult

It's a fun way to exercise & learn new dance steps. Learn basic hip-hop steps & movements to your favorite songs in this class.

COST:

Members: \$22.00

Resident: \$27.00

Non-resident: \$33.00

INDOOR WHEELCHAIR BASKETBALL

Parkway Community Center
373 Park Way
Every Wednesday ,
6:30 pm— 8:30 pm
Ages: 18 & up

Join the San Diego Xpress Co-Ed Wheelchair basketball practices. It is a challenging sport for athletes with permanent physical disabilities. You must provide your own wheelchair for participation and all ability levels are needed to play. The team is registered under the Southern California Division III who competes with other teams.



LEISURE BOWLING

Brunswick Premier Lanes
845 Lazo Court
Sundays,
June 7 — August 9
3:30 pm - 5:30 pm
Ages: 6—Adult



Join us for weekly Leisure bowling. It is designed for active children, teens, and adults with developmental and/or physical disabilities. Awards presented the last day of the session.

Members: \$24.00 registration + \$7.00 weekly bowling fees

Resident: \$28.00 registration + \$7.00 weekly bowling fees

Non-Resident: \$34.00 registration + \$7.00 weekly bowling fees



*Mark Your Calendars...
Wheelchair Sports Camp*



The San Diego Adaptive Sports Foundation's Junior Athletes Wheelchair Sports Camp will be held August 11—15 at Southwestern College.

This camp is for children who are interested in adaptive sports and have a permanent physical disability.

Some of the adaptive sports are: softball, bocce ball, basketball, soccer, archery, physical conditioning, hip-hop dance, tennis and rugby.

It is a rewarding opportunity for children to enjoy adaptive sports for the first time and the overall day camp experience.

For more info and to register please contact:
Marla Knox, SDASF, (619) 336-1806

FUTURES

Parkway Community Center
373 Park Way
Saturdays, Dates TBD
9:00 am - 11:00 am
Ages: 4-9 years

The "FUTURES" wheelchair sports program is geared for children who have permanent physical disabilities. Participants will learn basic ball handling skills, passing, improve wheelchair maneuvering and socialization.

A collaborative partnership with San Diego Adaptive Sports Foundation and the Therapeutics Section.



Cost: \$45.00 per Season
For more information call:
(619) 336-1086

CAMP SUNRISE 2009



SUMMER CAMP SUNRISE 2009

IS ON HOLD

PENDING FUNDING.

SPECIAL THANK YOU TO THE FOLLOWING FOR YOUR GENEROUS DONATIONS:

Blackie's Trophies & Awards
Bree Kerns & Kim Hyland
263 3rd Ave.
Chula Vista, CA 91910

Ralph's Grocery
Steve Holden
659 East Palomar
Chula Vista, CA 91911

Costco
Veronica Mantanona
895 East H Street
Chula Vista, CA 91910

North Island Credit Union
45 North Broadway
Chula Vista, CA 91910

Ralph's Grocery
Jasmine Rodriguez
780 Otay Lakes Rd.
Chula Vista, CA 91910

Von's Grocery
Sean Carualo
505 Telegraph Canyon Rd.
Chula Vista, CA 91910

Koani Trading, LLC
US Treasury Bond Traders
Mr. Tim Burke
2940 Columbia Street
San Diego, CA 92103

Albertson's Grocery
Mike Martin
285 E. Orange Ave.
Chula Vista, CA 91911

Ralph's Grocery
Dennis Murphy
659 East Palomar St.
Chula Vista, CA 91911

Von's Grocery
John Smith
620 Dennery Rd.
San Diego, CA 92154

Von's Grocery
Kelly Sanchez
870 3rd Avenue
Chula Vista, CA 91911

Von's Grocery
Ken Harris
4404 Bonita Rd.
Bonita, CA 91902

Support Therapeutic Programming & Classes By Donating!!

Inclusion Philosophy

The City Of Chula Vista Recreation Department Therapeutics Section is committed to serving the needs of our community through Inclusive opportunities. We provide an atmosphere in which persons with and without special needs can interact, play and socialize with their peers in an all-inclusive, supportive environment. We have been providing Inclusion since 2002 and it is available for children, teens and adults in all citywide programming. The City Of Chula Vista Recreation Department is dedicated to ensuring all levels of employees are committed to Inclusion.



**CITY OF
CHULA VISTA**
Recreation Department
Therapeutics Section
270 'F' Street
Chula Vista, CA 91910
www.chulavistaca.gov/rec
(619) 409-5800